**UPCOMING DATES**

**September 28**

Terry Fox Run

VOLUNTEERS NEEDED!

**October 1**

YMCA program begins for students in Grade 4-6 (application required)

**October 3**

Grade 5 Vaccinations

**October 15**

Photo Day

**ROSSCARROCK BLOGS**

[**http://school.cbe.ab.ca/school/rosscarrock/teaching-learning/classes-departments/pages/default.aspx**](http://school.cbe.ab.ca/school/rosscarrock/teaching-learning/classes-departments/pages/default.aspx)

**ATTENDANCE LINE**

**(403) 777-8390 EXT. 1**

**ROSSCARROCK@cbe.ab.ca**

**WEEKLY UPDATE**

**September 13, 2018**

|  |  |
| --- | --- |
| Thursday  September 13 | * School Council 6:30pm |
| Friday  September 14 | * **School Conferences open at 8:00am** |
| Monday  September 17 |  |
| Tuesday  September 18 |  |
| Wednesday  September 19 |  |
| Thursday  September 20 | * **Meet the Teacher 4:30-8:00pm** * **Meet the Teacher Friday Sept 21 8:00am-1:00pm** |

**PARKING**

Beginning this month, the Calgary Parking Authority is expanding using photo enforcement, in addition to enforcing with Enforcement Officers, to increase compliance with parking regulations around schools to make school areas safer for students and members of the community.

Please do not park or drop off students on the East side of 40th Street. We have two busses that need to park near the alley and are often unable to do so because cars are dropping off students or parking there. Parking Authority will be called if a vehicle is parked in the bus zone.

**DON’T WALK IN THE HALLWAYS**

Rosscarrock will be increasing the fun and health of students by encouraging creative ways to move in our hallways, including skipping, jumping and stretching.  This is part of the “Don’t Walk in the Hallway” initiative, which will see colourful shapes in the hallways of Rosscarrock for students to use in creative, physical ways.

With support from both staff and Student Voice, students will be designing exciting pathways in our school with their classes.  We are looking forward to the many creative pathways students will create.

Rosscarrock students will engage in a positive way by just changing the expectations of how to move through a hallway.  Recognizing the importance of promoting healthy learning environments, hallway decals offer a way to modify school spaces, helping to activate our students.

New findings from biology and education research show that regular exercise benefits the brain in numerous ways.

*“Memory retention and learning functions are all about brain cells actually changing, growing and working better together,” says John J. Rately, associate professor of psychiatry at Harvard Medical School and the author of Spark:  The Revolutionary New Science of Exercise and the Brain.*

“I am excited to see creative movement when students are in the hallways, and looking forward to seeing the positive effects it will have on student engagement and learning.” –Mrs. Fraser

**SAVE THE DATE! – TERRY FOX RUN – SEPTEMBER 28th**

We will need lots of volunteers! Details will be sent out shortly, keep your eye out for the email and blog posts.